HIGHLAND PARK UNITED METHODIST CHURCH

3300 MOCKINGBIRD LANE DALLAS, TEXAS 75205 214.521.3111 HPUMC.ORG



facebook/hpumc



HIGHLAND PARK UNITED METHODIST CHURCH LIFE RESOURCES ••• Fall 2014



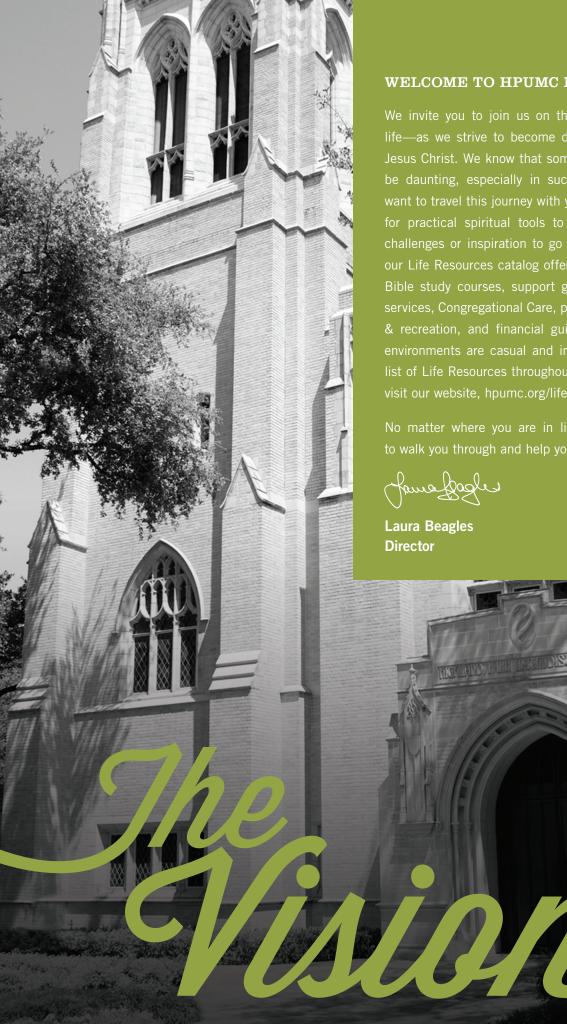
LIFE RESOURCES

From classes to Congregational Care and support groups, no matter where you are in life, we have a resource for you.

TABLE OF CONTENTS

- | The Vision
- | General Information
- | Congregational Care
- | Bible Studies
- | Parenting
- | Relationships
- | Support Groups
- | Financial Guidance
- | Arts & Recreation
- | Biggers Sports & Fitness
- 23 | Maps of the Church
- 27 | Parking & Directions





WELCOME TO HPUMC LIFE RESOURCES.

We invite you to join us on the greatest journey of your Jesus Christ. We know that sometimes getting started can be daunting, especially in such a large church, but we want to travel this journey with you. Whether you're looking challenges or inspiration to go deeper on your faith walk, our Life Resources catalog offers you a path that provides Bible study courses, support groups, specialized worship services, Congregational Care, parenting, relationships, arts list of Life Resources throughout winter and spring, please visit our website, hpumc.org/life-resources.

to walk you through and help you take the next step.



GENERAL **INFORMATION**

Registration

To register please get in touch with the listed contact person or visit www.hpumc.org.

Class Size

Instructors may choose to limit enrollment if they feel certain numbers will enhance the value of the course.

Course Cancellations and Refund Policy

Life Resources reserves the right to cancel any class. Notification will be given promptly so that an alternative class may be chosen or applicable fees refunded. If a student registers for a course, or attends a portion of the course and decides to drop, they are not eligible for a refund. Class fees are not tax-deductible.

Couples Taking Classes

If taking a class as a couple and only one book is needed, the rate will be reduced accordingly.

KidCare

KidCare is for ages 7 weeks to 11 years. To ensure childcare, KidCare reservations must be made at least one week prior to the first meeting. To make reservations, register online at hpumc.org/kidcare or email kidcare@hpumc.org and include a parent's name, child's name, and age, along with the name, date, and time of the event. If you cannot make a meeting, please cancel your KidCare reservation by emailing kidcare@hpumc.org. Due to an increased awareness of allergies with our children, we are no longer providing or serving food during KidCare.

Suggestions for Study Bibles

Highland Park United Methodist Church uses the New Revised Standard Version (NRSV) Bible. Suggested Study Bibles used for Life Resoures classes are:

- 1. Oxford Annotated Study Bible
- 2. Harper Collins Study Bible
- 3. NIV Study Bible

Inclement Weather

If you have questions as to whether your class will meet, please get in touch with the contact person of your group for class status.

Photo Disclaimer

By registering for any HPUMC event/group, the participant is giving permission for the participant's photo to be used in HPUMC publications, print and online, unless HPUMC is given a written request to the contrary.

*Note: This brochure contains dated material. For the latest info, visit hpumc.org.

CONGREGATIONAL CARE

Births and Baptisms

For births or baptism information, please contact Congregational Care:

Mary Bishop, 214.523.2202, bishopm@hpumc.org

Please Note: You must be a member of HPUMC to have your child baptized in a worship service.

To become a member and/or schedule an adult baptism, please contact StartingPoint:

Cathy Chapman, 214.523.2122, chapmanc@hpumc.org

Baptism Preparation Class is the second Sunday of the month in room 385 from 11:00 am - Noon. This class is for first-time parents only.

Weddings

HPUMC is honored to host many weddings each year. Due to the large number of events, please go online to hpumc.org to review our wedding booklet and date request form.

Merriet Lewis, lewism@hpumc.org

Funerals

At the time of death, please contact one of our ministers and/or the Congregational Care office. After business hours, please call the emergency phone 214.802.1807. Conversations between the family and the minister will then proceed to define details about the funeral/ memorial service. Regretfully, we are unable to host non-member funerals

Cheryle Robbins, 214.523.2241, congregationalcare@hpumc.org

The Columbarium at HPUMC

The Columbarium Garden is a serene place for contemplation and a special space to gather for celebration. This beautiful courtyard includes a fountain and granite walls that list the names of our dearly departed members on the front of each niche where urns bearing their ashes are stored.

Rev. Terry Jones, 214.523.2118, jonest@hpumc.org

Emergency or Crisis Calls

As people within the congregation experience an immediate need for help, the church staff is available 24 hours a day. Ministers can be reached at the church during regular office hours. After business hours, please call the emergency phone of 214.802.1807.

Cheryle Robbins, 214.523.2241, congregationalcare@hpumc.org

Hospital Visits

Our Congregational Care ministers visit area hospitals seven days a week as needed. Please contact Congregational Care if you or a loved one is hospitalized.

Cheryle Robbins, 214.523.2241, congregationalcare@hpumc.org

Pastoral Counseling

If you or a family member is in need of pastoral counseling, please call or email Congregational Care for referrals.

214.523.2241, congregationalcare@hpumc.org

Prayer Tower Ministry

Join our team and take an hour each week to pray for the many requests.

Rev. Arville McLain, 214.523.2114, mclaina@hpumc.org

Premarital Counseling

To make an appointment, contact Congregational Care.

Cheryle Robbins, 214.523.2241, congregationalcare@hpumc.org

Stephen Ministers

This one-on-one caring ministry provides hope and healing for those who are dealing with a life crisis. A trained caregiver will be matched with you to listen, to share your struggles, and to walk along with you as long as needed. This ministry always maintains the utmost confidentiality.

Beth Smith, bethsmit57@hotmail.com

Trissie Osborn, 214.523.2245, osbornt@hpumc.org

Violence Intervention & Prevention (VIP) Ministry

Through VIP, HPUMC is a church leader in proactively addressing the needs of family violence victims. We serve as a catalyst to reduce the incidences of violence and abuse and help to break the cycle of family violence in our church and our communities. If you or someone you know is in an abusive or threatening situation, please contact us or see our website at hpumc.org/vip for additional information.

Lisa Stewart, 214.523.2232, stewart@hpumc.org

CARE:

Chemical Awareness Resources & Education

HPUMC has partnered with CARE, a community resource that is free for individuals and families who have a concern or question, or need a confidential place to look for help with substance abuse issues. CARE also provides chemical awareness education.

CARE: 214.526.8986, info@care-dallas.com

Caring Ministry

Be a part of the Caring Ministry serving team delivering Christmas and Easter gifts and birthday flowers once a month. This joyful ministry keeps our members, who cannot always attend church, connected and reminded that they are loved. Share your joy with others!

Trissie Osborn, 214.523.2109, osbornt@hpumc.org

Walk to Emmaus

This spiritual renewal ministry begins with a threeday retreat and continues with periodic gatherings for fellowship and weekly small groups for mutual support.

Rev. Arville McLain, 214.523.2114, mclaina@hpumc.org

Powledge Prison Ministry

This ministry includes worship, prayer and book study with the men of the Powledge prison and is co-sponsored by HPUMC and Lovers Lane UMC. Participants must be cleared to enter the prison by submitting an ID in advance and completing an online training. We have to know of your interest a month in advance to get you registered.

Wednesdays throughout the year Powledge Prison in Tennessee Colony, Texas Departs 3:45 pm and returns 11:00 pm

Rev. Barbara Marcum, 214.523.2248, marcumb@hpumc.org

Blood Drive

Blood is truly the river of life. A donation of one pint of blood can save as many as three lives. Please give the gift of life because you never know when someone will be your type. Don't forget to bring a valid ID.

Next scheduled blood drive is in January, 2015.

Rev. Terry Jones, 214.523.2118, jonest@hpumc.org

Mid-Week Worship

MP3: Midweek Praise, Preaching, and Prayer

This mid-week service of praise and prayer is for all who wish to join hearts and voices together in worship, share joys and concerns, and seek God's blessings upon our church, community, country and world.

Wednesdays 6:00 pm, Room 362

Rev. Arville McLain, 214.523.2114, mclaina@hpumc.org

04

MORE INFORMATION

For information & to register, please visit: **hpumc.org**



Taizé: A Service of Healing and Song

Our monthly Taizé worship service is a place where we sing and read Scripture, spend time in silent prayer, and also have the opportunity to be anointed with oil by a minister. Our Taizé service offers not a cure, but a balm for our brokenness. Whatever your need—be it large or small—you're invited to come and be near the Spirit of God.

First Thursday of every month 7:00 pm, Cox Chapel

Carrie Chavarria, 214.523.2250, chavarriac@hpumc.org

Events

Monday Friends (age 70+)

Provides a place where people meet others for discussion, games, snacks, current events, book reviews, movies, and to share life stories and experiences.

Mondays

1:00 - 3:00 pm, Room 120

Susan Rogers, 214.523.2266, rogerss@hpumc.org

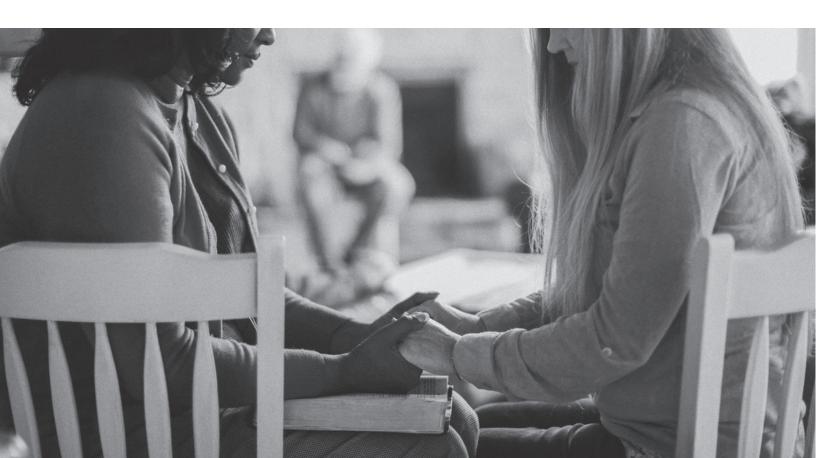
Beyond the Broken Heart: Grief Understanding for Widow and Widowers

"We grieve because we love. This book was written to help widows and widowers understand grief in the emotional and physical aftermath of death and guide the way back to fullness of life." This series was developed by our own Ms. Julie Yarbrough who was married for many years to the Rev. Leighton Farrell who served as a longtime Pastor of Highland Park UMC.

You will be able to order a salad from Preston Hollow Catering for \$6 or bring your own sandwich. You are asked to call our office at 214.523.2241 to enroll in the series.

Thursdays, September 4 - October 23 11:30 am - 1:00 pm, Room 387 Led by Barbara Marcum

\$10 Barbara Marcum, 214.523.2248, marcumb@hpumc.org



An Invisible Sisterhood

In a world where it seems everyone is posting pictures of their children to Facebook or swapping stories about the joys of motherhood - those of us who are unable to conceive often feel invisible. The goal of this class is to help us give voice to the unique experience that we share while embracing God's love and plan for us as his beloved daughters.

Tuesdays, September 30 - October 21 6:30 - 8:00 pm, Room 218 Led by Dr. Maria Dixon Hall

\$30 (text), Register by Thursday, September 25 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

Blessing of the Animals

God loves all his creatures. Bring your animals to be blessed and make new friends. Please have them on a leash or in a carrier and bring toys and newspapers to be given to shelter animals.

Sunday, October 5 4:00 pm, Covered Drive/Arden Forest (weather dependent) *Rev. Barbara Marcum, 214.523.2248, marcumb@hpumc.org*

Surviving the Holidavs – DivorceCare

Dreading the holidays due to a divorce? Join Rev. Dawn Anderson for a special "Surviving the Holidays" program and get a free holiday survival guide to help you prepare.

Thursday, October 23 6:30 - 8:30 pm, Room 120

Rev. Dawn Anderson, 214.523.2243, andersond@hpumc.org

Surviving the Holidays – GriefShare

Dreading the holidays due to the loss of a loved one? Join Rev. Dawn Anderson for a special "Surviving the Holidays" program and get a free holiday survival guide to help you prepare.

Tuesday, October 28 6:30 - 8:30 pm, Room 120

Rev. Dawn Anderson, 214.523.2243, andersond@hpumc.org

All Saints Memorial Service

This memorial service honors those among our church who died from September 2013 through August 2014. A rose will be placed at the altar as each loved one's name is called.

Sunday, November 2 2:00 - 3:00 pm, Cox Chapel

Congregational Care, 214.523.2241, congregationalcare@hpumc.org

Service of the Longest Night

Christmas can be a painful time for those who are sad, grieving, or alone. Join us for a special worship service to acknowledge our sadness and to hear hope for the days ahead from the Christmas message. There will be special music, devotional messages, and a candlelight remembrance ceremony in honor of our loved ones.

Saturday, December 20 3:00 - 4:00 pm, Cox Chapel

Rev. Dawn Anderson, 214.523.2243, andersond@hpumc.org

MORE INFORMATION

For information & to register, please visit: **hpumc.org**

***** For KidCare reservations, please visit: **hpumc.org/kidcare**



BIBLE STUDIES

Rible Studies

t's Tuesday Knights with Walt Marcum Men's group

We are very happy to have Walt Marcum teach the Tuesday Knights Men's Group this summer and into the fall. We are a group of men that meet weekly throughout the year. Our study is focused on Bible study, faith enrichment, and men's topics and issues. Join in any time!

Revelation

Is it a book of fear? Or a book of hope? Is it a roadmap of the future? Or is it a message relevant for each age? The imagery and symbolism in Revelation makes it hard for many to interpret. But all of the symbolism is taken from the Old Testament. Join us as we explore the book of Revelation and its message, going chapter by chapter and verse by verse, and as we look as the scriptural background to all of Revelation's images and message.

Tuesdays, August 19 - January 27, 2015 7:00 - 8:30 pm, Room 244 Led by Rev. Walt Marcum

\$30, Register by Friday, August 15 Paul Ditto, wpaulditto@gmail.com Laura Beagles, 214.523.2231, beaglesL@hpumc.org

Shift, The Community

A Bible study open to all young adults. No sign ups, no homework, no fees. Designed to fit into your life, it's the chance all young adults have to come together, get into Scripture, and connect with one another. Casual and big, we take time to read the Scripture together and through group discussion discover what we can learn about God, about ourselves, and about the relationship between those two. Bring your friends, invite someone new, or meet up with others there. Join us afterward for dinner at a local restaurant as well. See more info at hpumc.org/shift.

Thursdays

7:00 pm, The Youth Basement

Phil Dieke, diekep@hpumc.org

***** Jump into The Fount

Have you ever wondered whether God even exists? Or how people can believe God is good when there is so much suffering in the world? Have you ever asked how we got the Bible or why we should trust it? If you have asked these-or any other questions of faith-then The Fount is for you! The Fount is an exploration of, and conversation about, Christian faith. It is a process of being formed in the faith as a disciple of Jesus through getting to ask questions, not being fed answers. The Fount is an ongoing conversation about what it means to be a Christian today.

Begins Sunday, September 7 Led by Rev. Jeff Hall

Please contact Rev. Jeff Hall at 214.523.2298 or hallj@hpumc.org for class time, location and cost.

Laura Beagles, 214.523.2231, beaglesL@hpumc.org

***** Making Sense of the Bible

Rev. Adam Hamilton invites us into an honest conversation about the Bible. This study begins with foundational questions such as:

- How and when was the Bible written?
- Who decided which books made it into the scriptures and why?
- How literally must we read it?
- Is the Bible ever wrong?

Tuesdays, September 9 - October 14 7:00 - 8:30 pm, Room 387 Led by Allen Stone

\$16, Register by Thursday, September 4 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

***** Journeying With Paul

This 6-week course will cover the life and ministry of the Apostle Paul. We will explore Paul's early life up through his conversion and first mission, his first missionary journey with Barnabas and the council at Jerusalem. Antioch and Paul's break with Jerusalem, Paul's missionary journeys to Greece and Turkey, and Paul's arrest and trip to Rome. We will use the book of Acts and the letters of Paul as our primary resource.

Wednesdays, September 10 - October 15 Noon - 1:30 pm, Room 386 Led by Rev. Walt Marcum & Richard Stanford

\$10 (study only), Lunch optional: \$10 weekly. Please call Richard Stanford to make your Lunch reservations, 214.523.2249. Laura Beagles, 214.523.2231, beaglesl@hpumc.org

***** Spiritual Formation for Moms

Spiritual Formation for Moms (SFM) is a casual weekly Monday fellowship and discussion Bible study for Moms with infants through kindergarten. (Babies welcome!)

Session One: "Your Family Tool Box"

Led by Mallory Rogers and Mary Bishop. This series of Biblically based lessons focuses on family, prayer, baptism, communion, and the ever present Holy Spirit as found in our Methodist tradition.

Session Two: "One Thousand Gifts"

Led by Sue Bucher and Mary Bishop. This book written by Ann Voskamp is a gift to women on how to live fully, right where you are.

Session One: September 15 - October 20 Session Two: October 27 - December 8 9:30 - 11:00 am, Room 120

\$30

Mary Bishop, 214.523.2202, bishopm@hpumc.org

***** Promised Land

Filmed on location in Israel, this unique video series brings God's Word to life. This 5-week study weaves together the Bible's fascinating historical, cultural, religious, and geographical contexts, with insights into Scripture's significance for modern believers. This lively, interactive journey is more than fascinating -- it's faithinspiring and life-changing. You will appreciate how this study carefully and plainly helps you turn the lessons you learn from the past into real-life applications that impact the way you live your faith.

Monday, September 15 - October 13 6:30 - 8:00 pm, Room 216 Led by Dana Gibson

\$10, Register by Thursday, September 11 Laura Beagles. 214.523.2231. beaglesL@hpumc.org

Women's Bible Fellowship:

Namesake: When God Re-Writes Your Story

Namesake is a 6-week Bible study that explores the transformational power of God through the stories of biblical characters who met God and whose lives and names were changed forever. As you meet Abraham and Sarah, Jacob, Naomi, Daniel, Peter, and the unnamed woman, you will discover that God wants to be just as intimately involved in your story, offering an identity that shines with the purpose for which you were created.

Please meet at 7:00 am at La Madeleine (Airline and Mockingbird Ln. on September 9 to pick up your book and for fellowship. The study will begin on September 16).

Tuesdays, September 16 - October 21 7:00 - 8:00 am, Room 241 (Storm Lounge)

\$14, Register by Friday, September 12 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

MORE INFORMATION

For information & to register, please visit: hpumc.org

***** For KidCare reservations, please visit: hpumc.org/kidcare



***** First Time Mom and Baby Group

First time mothers are invited to bring their babies to a casual sharing group of fellowship, prayer, and Bible study. The dads will join the group for the fourth night, October 7, for a show-and-tell of their new babies and meet the other first time dads. The group will be limited to 12 new mothers. (Scholarships are available.)

Tuesdays, September 16 - October 7 5:30 - 7:00 pm, Room 385 Led by Mary Bishop

\$20, Dates for the Winter/Spring 2015 group: January 21 - February 12 (Registration will take place in November.) Mary Bishop, 214.523.2202, bishopm@hpumc.org.

HPUMC Women's Bible Study Fall Study Namesake: When God Re-Writes Your Story

Namesake is a 6-week Bible study that explores the transformational power of God through the stories of biblical characters who met God and whose lives and names were changed forever. As you meet Abraham and Sarah, Jacob, Naomi, Daniel, Peter, and the unnamed woman, you will discover that God wants to be just as intimately involved in your story, offering an identity that shines with the purpose for which you were created.

Thursdays, September 18 - October 23 9:30 - 11:00 am, Room 120 Led by Rev. Susan Robb and Susan Raybourn

\$14, Register by Monday, September 15 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

The Remarkable Evidence for Christianity (TREC)

When a best-selling book claims that Jesus married Mary Magdalene, what's your answer to that? Or what about when a magazine article asserts a lost book of the Bible has been found and it "changes everything," is there truth to it? In short, how does Christianity stand up to attack? What about the Bible itself; where did the 27 books of the New Testament come from and who chose them? What does it tell us about the Religion? What does non-Christian history tell us? What incredible evidence for Christianity can be found in modern psychology, biology, or archeology? Over 10 weeks we will discuss astonishing facts that answer these questions and many others like them. You will be surprised how solid and supportable our findings are. Spoiler alert: mainstream scholars, Christian and non-Christian alike, agree that the evidence proves a remarkable conclusion. Join us for a fact-based discussion on the incredible evidence for Christianity that every Christian ought to know.

Sundays, September 21 - November 23 9:30 - 10:30 am, Room 213 Led by Cameron Weldon

Register by Thursday, September 18 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

★ Living Our Faith: An Evening Women's Study of Ephesians

Do you love your faith but wonder how to live it? Join other women in the church for an 11-week in-depth Bible study where we will examine both Christian beliefs and life application as written by the Apostle Paul to the church at Ephesus. Each Wednesday night, we will study a small set of verses, using questions for individual study during the week and capped by interactive class discussion. Whether you are a first-time Bible student or a lifelong scholar, this class will deepen your understanding of what it means to live in the body of Christ.

Wednesdays, September 24 - December 10 (except November 26) 7:00 - 8:30 pm, Room 329E Led by Candace Winslow

\$10, Register by Monday, September 22 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

*** LAMP** - a women's mid-day Bible study Women of the Old Testament

Lamp is an ongoing community of women who enjoy studying Scripture together and talking about its relevance in our lives today. All women at HPUMC and in our community are invited to come any time to learn, share, and make friends. Each week there is a short teaching on Scripture, and then we take time to talk about what we've read and pray together. This fall - Lamp will be studying various women of the Old Testament. There is no cost to the study; just bring your Bible! Friends are welcome.

Thursdays, September 25 - December 18 (except November 27) Noon - 1:00 pm, Room 362 Led by Ramsey Burke Patton & Erin Williams

Erin Williams, williamse@hpumc.org



HPUMC Women's Bible Study Advent Study: Not a Silent Night Mary Looks Back to Bethlehem

Witness the life and ministry of Jesus Christ through the eyes of Mary. Imagine Jesus from Mary's point-of-view proud of her son, in awe of his gifts and mission, guided by love for him as a person and so much more. This book begins at the end, with Mary at the crucifixion and resurrection, travels back in time as she witnesses his life and ministry, and ends at the beginning, with the Christ child born in a stable, Mary's beautiful baby. This year, experience Advent and Christmas with Mary.

Thursdays, November 6 - December 11 (except November 27) 9:30 - 11:00 am, Room 120 Led by Rev. Susan Robb

\$15, Register by Monday, November 3 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

***** Advent Study

Not a Silent Night: Mary Looks Back to Bethlehem

Witness the life and ministry of Jesus Christ through the eyes of Mary. Imagine Jesus from Mary's point-of-view proud of her son, in awe of his gifts and mission, guided by love for him as a person and so much more. This book begins at the end, with Mary at the crucifixion and resurrection, travels back in time as she witnesses his life and ministry, and ends at the beginning, with the Christ child born in a stable, Mary's beautiful baby. This year, experience Advent and Christmas with Mary.

Mondays, November 17 - December 15 6:30 - 8:00 pm, Room 385 Led by Dana Gibson

\$15, Register by Friday, November 14 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

MORE INFORMATION

For information & to register, please visit: **hpumc.org**



Devotional Studies

***** A Disciple's Path: Deepening Your Relationship With Christ and the Church

This 6-week study combines a Wesleyan understanding of our growth in God's love and grace with timetested practices of spiritual discipline expressed in our membership vows (prayers, presence, gifts, service and witness). You will develop spiritual practices, discover your unique gifts, and become engaged in ministry that brings transformation in your own life and the lives of others.

Thursdays, September 11 - October 16 6:30 - 8:00 pm, Room 329W Led by Rev. Jeff Hall and Richard Stanford

\$20, Register by Monday, September 8 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

***** The Circle Maker: Praying Circles Around Your Biggest Dreams and Greatest Fears

Our lives are significant. The ways we work, spend time with people, and invest in the world around us matter. You'd think with all that's at stake we'd pray with purpose, but we often fall short. Would you like to grow in your prayer life? In this book study we will read about prayer and the real and profound difference it can make.

Thursdays, September 18 - November 6 7:00 - 8:30 pm, Room 387 Led by Stephen McIntire

\$10, Register by Monday, September 15 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

* Spirituality in Action Women's group

Sometimes our daily life feels like trying to breathe under water. Everyone's life tends to become unmanageable at one time or another. When we learn to identify our weaknesses, embrace our brokenness, and surrender to God, we begin to bring healing to ourselves and the world around us. To help us learn how to navigate these waters, this class will study Fr. Richard Rohr's book, Breathing Under Water: Spirituality and The Twelve Steps. The Twelve Steps is a program used in many recovery groups. It's also a useful guide for spiritual formation by showing how the gospel's principles can free anyone from any addiction-from an obvious dependence on alcohol or drugs to the more common but less visible addiction to the negative forces that come with everyday life. Women who are interested in or have experience with the Twelve Steps will also enjoy this class.

Sundays, September 21 - October 26 6:00 - 7:30 pm, Room 216 Led by Stephen McIntire

\$12

Lisa Kroencke, Ikroencke@mac.com Laura Beagles, 214.523.2231, beaglesL@hpumc.org

The Wealth of the Poor

"All of us are rich and all of us are poor, just in different ways," says Larry James, director of CitySquare. This book study will analyze the holistic approach to urban transformation which Larry has developed over 30 years of experience, partnerships, mistakes and successes. Whether you are an expert or beginner, "The Wealth of the Poor: How Valuing Every Neighbor Restores Hope in Our Cities," will open your eyes to practical and theological ways of addressing poverty in our city.

Sundays, September 28 - November 2 4:30 - 6:00 pm, Room 218 Led by Phil Dieke & Meredith Marsh

\$20, Register by Thursday, September 25 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

*****Theology of Food

"Taste and see that the Lord is good!" ~ Psalm 34:8. Theology of Food explores what it means for people to enjoy food together, what purpose God has in our eating, and what calling Christians have to care for God's creation and feed the hungry. The series collaborates with various HPUMC ministries to reach families, church members, and people in our surrounding community. This fall join your church family as we talk about the often lost, but essential, practice of saying grace before meals.

- How can praying before meals be the beginning of your prayer life?
- What difference might saying grace make in your marriage and/or family?
- What does "saying grace" mean? Why is it important?

Norman Wirzba, Professor of Theology and Ecology at Duke University, and Erin Williams, director of HPUMC's Adult Ministry, will be your hosts at a dinner celebrating all of the good gifts God has given us. We will eat a meal together and enjoy table discussion over the lecture entitled, "Saying Grace: Recovering an Essential Christian Practice."

Thursday evening, October 9 Details under "Events" at hpumc.org/adults

Erin Williams, williamse@hpumc.org

MORE INFORMATION

For information & to register, please visit: **hpumc.org**



PARENTING _____

Power Up! Class for those serving youth and Parents of 6th-12th Graders

Power Up is a 9-month Sunday morning class offered collaboratively by both the youth and adult ministries at HPUMC. Each week parents and those serving youth discuss the same Scripture passage that the youth ministry will cover the following week in their worship services, Bible studies and LifeGroups. The class also enjoys prayer, fellowship, and discussion regarding the development stages of our teens and hot topics that impact them. Power Up is team-taught by lead parents Dr. Ken & Amy Berry, HPUMC Youth Staff, and Director of Adult Ministry, Erin Williams.

Sunday mornings beginning August 24 9:30 am, Room 216

Lucy McDaniel, mcdaniel@hpumc.org

Countdown to Launch: Parenting High Schoolers for their Independence & YOURS!

Ask anyone and they'll tell you, navigating high school is a massive growth-producing venture. There's a lot our kids need to accomplish in a brief amount of time. We'd like to be helpful. And, besides that, as we close in on their "finish line," we feel a disturbing mix of feelings and uncertainty about what lies ahead for US! Our lives feel as if they might be launching, or should we say, re-launching!

Tuesdays, September 9 - October 7 (except September 23) 11:45 am - 1:15 pm, Room 120 Led by Kathleen Fischer

\$85, Bring your lunch. Register by Thursday, September 4 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

HPUMC Dads

Join other dads of children, ages birth through 12th grade, during our monthly breakfast series.

Kick Off - Thursday, September 11 Meets the 2nd Thursday throughout the school year 7:00 am - 8:00 am, Great Hall

Dads Are Not Assistant Mothers Dads of 6-12th graders

In a young family's life, Dad sometimes feels relegated to provider/lawn mower/Saturday morning coach. Mom's relationship seems to anchor the family, but with the onset of kids' adolescence, all sorts of issues call for re-balancing. Dad's voice, values, and presence are needed in significant ways. This class is designed to bring Dads up to speed and then some, so that they can step alongside their teenagers. Consideration of adolescent development, gender, and cultural issues will highlight unique roles dads have with their teenagers.

Thursdays, October 23, 30, November 6 & 20 (except November 13 so you can attend the HPUMC Dads breakfast) 7:00 am - 8:30 am, Room 386 Led by Kathleen Fischer

\$85, Register by Monday, September 8 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

***** Spiritual Formation for Moms

Spiritual Formation for Moms (SFM) is a casual weekly Monday fellowship and discussion Bible study for Moms with infants through kindergarten. (Babies welcome!)

Session One: "Your Family Tool Box"

(Led by Mallory Rogers and Mary Bishop. This series of Biblically based lessons focuses on family, prayer, baptism, communion, and the ever present Holy Spirit as found in our Methodist tradition.

Session Two: "One Thousand Gifts"

(Led by Sue Bucher and Mary Bishop. This book written by Ann Voskamp is a gift to women on how to live fully, right where you are.

Session One: September 15 - October 20 Session Two: October 27 - December 8 9:30 - 11:00 am, Room 120

\$30

Mary Bishop, 214.523.2202, bishopm@hpumc.org

***** First Time Mom and Baby Group

First time mothers are invited to bring their babies to a casual sharing group of fellowship, prayer, and Bible study. The dads will join the group for the fourth night, October 7, for a show-and-tell of their new babies and meet the other first time dads. The group will be limited to 12 new mothers. (Scholarships are available.)

Tuesdays, September 16 - October 7 5:30 - 7:00 pm, Room 385 Led by Mary Bishop

\$20, Dates for the Winter/Spring 2015 group: January 21 - February 12 (Registration will take place in November.) Mary Bishop, 214.523.2202, bishopm@hpumc.org.

*****Single and Parenting

Raising children is hard, and the work doubles when you're parenting alone. HPUMC would like to help our single parents be the best parents they can be. Join us as we talk about the ups and downs of single parenting, make friends with people in our same stage of life, and most of all, connect with a God who cares about our lives and families. "Single and Parenting" is a 13-week series with in-depth video lessons, class discussion, and opportunities for friendship, sharing and support.

Sundays, September 21 - December 14 11:00 am, Room 253 Led by Jamie Crosbie

\$20 Erin Williams, williamse@hpumc.org

HPUMC Moms

Join other moms of children, ages birth through 12th grade, during our monthly gathering.

Kick Off - Tuesday, September 23 Meets the 4th Tuesday throughout the school year (except December) 7:00 - 8:30 pm, Great Hall

\$20 Erin Williams, williamse@hpumc.org

From Pushing Back to Reaching Out: A Growth-Approach to Conflict Management

If your family is made of human beings, conflict is inevitable. Think curfew, chores, homework. Do your current conflict resolution tools consist of: eye-rolling and door-slamming, repeating, "Because I said so!", grounding your teen from cell phone use? Join us for a 3-session series to understand conflict, learn tools for conflict resolution, and recognize warning signs to prevent serious relationship damage.

Tuesdays, September 30 - October 21 (except October 14) 10:00 - 11:30 am, Room 120 Led by Kathleen Fischer and C.A. Kryder

\$65, Register by Thursday, September 25 Erin Williams, williamse@hpumc.org

A Follow up Coaching Group for From Pushing Back to Reaching Out: will be offered:

Tuesdays, October 28, November 4 & 11 10:00 - 11:30 am in Room 388

Kathleen Fischer, kmfischer10@gmail.com

MORE INFORMATION

For information & to register, please visit: **hpumc.org**



RELATIONSHIPS _____

t Love & Logic Parenting: Early Childhood birth-6 vears

It's never too early to use love and logic. It even works with the teeny tiny ones! Turn the terrible 2s into terrific 2s with easy to use steps. Great solutions to "I waaant it!" and "You can't make me!" and a favorite, the grocery store "gimmies." Hear how parents successfully model the behaviors they want to see. Build your child's selfesteem early in life. Get direct talk on potty training. This class offers parents an alternative way to communicate with your child.

Thursdays, October 2, 9, 16, 23 & 30 6:30 - 8:00 pm, Room 386 Led by Mary Hope Burns

\$25 per couple, Register by Monday, September 29 Laura Beagles, 214.523.2231, beaglesl@hpumc.org



***** Sugar & Spice: **Raising Our Teen Daughters**

This class on teen girls will begin by framing our girls in developmental terms - where they are and where are they headed? We'll consider special concerns for girls how to be cute and attractive, but not "over the line." Finally, we will practice some approaches that will "turn down the heat" in typical parent/daughter conflicts. Real life scenarios will give us a chance to rehearse difficult situations before we face them at home!

Tuesdays, October 21 - November 18 11:45 am - 1:15 pm. Room 120 Led by Kathleen Fischer

\$105, Bring your lunch. Register by Thursday, October 16 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

Getting the Point: Understanding and Being Understood

In a world of emails, text messages, Instagram and running from one thing to the next, it's easy to see how multi-tasking has led to our becoming slapdash in interpersonal communications. One writer describes us as existing in an "habitual state of partial inattention." Alas, our relationships are paying a price.

This 2-session class will refocus our communications to being intentional not only as we speak but also as we listen. We will consider what constitutes "good listening;" the roles of verbal and non-verbal communication; managing feelings to help rather than disrupt connection; the impact of age and gender on preferences in communication. You'll find this class useful in your family life, your workplace and your community.

Wednesdays, October 1 & 8 10:00 - 11:30 am. Room 244 Led by Kathleen Fischer & C. A. Kryder

\$45, Register by Friday, October 17 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

With This Ring

Couples, engaged or in their first year of marriage, ages 20's-30's

This starter class for newlyweds is designed for young couples who want to invest time into building strong Christian unions. Discussion and practical application of issues will be encouraged by facilitators with more than 60 years of marital experience. Communication, expectations, conflict resolution, crisis management, trust, intimacy, and finances are a few of the topics covered in the series. Various socials and mission projects add to the class experience. Couples may attend the class at any time during the eight-month series.

Sundays, September 21 - May 31, 2015 10:45 am. Room 244

Lauri Lueder, luederl@hpumc.org

A New Way To Love

This three week course will help young couples in their early years of marriage create a path to having a whole marriage. The course, designed by Harville Hendrix, Ph.D, a clinical pastoral counselor internationally known for his work with Christian marriages, will help couples learn and practice key communication skills. The concepts introduced in this class will be The Sacred Space, Zero Negativity and the Dialogue Process. Ample time will be devoted to discussion and practice. Now & Forever, a Sunday morning class for young couples in their 1-3 years of marriage, is hosting this interactive session. All couples, ages 20's – 30's, are welcome to attend.

An extended 6-week version of A New Way To Love will be offered for all ages and stages of marriage beginning Tuesday, January 27 - March 3, 2015.

Sundays, September 21 - October 5 10:45 am - 12:00 pm, Room 213 Led by Beth Reeder Johnson, MSW, LCSW

Laura Beagles, 214.523.2231, beaglesl@hpumc.org



COMMIT

This interactive and informative program is especially designed to help premarital couples have the kind of committed, lifetime and thriving marriage they really want. Sessions will be practical in their orientation and focus on issues, such as communication, companionship, intimacy, roles and responsibilities, handling differences, resolving conflicts, dealing with families, money, having fun, and faith. COMMIT to these sessions as an investment in having a great marriage.

Saturday, October 4 9:00 am - 5:00 pm, Room 120 Led by Dr. Terry Parsons

\$100 per couple (includes book & lunch) *Register by Wednesday, October 1* Laura Beagles, 214.523.2231, beaglesL@hpumc.org

From This Day Forward

This six-week class is designed to assist newly engaged, as well as newly married, couples to begin building their union on God's model for marriage. The class will discuss such topics as communication, conflict resolution, intimacy and sharing resources, within the framework of God's design for marriage. An added benefit of this class is the ability to meet other couples in your same "life stage" and create new friendships within our church! From This Day Forward will help you discover aspects of your partnership that will have a long term impact on your marriage!

Sunday, October 5 - November 9 5:00 - 6:30 pm, Room #3 (2nd floor) Led by Rev. Susan Robb. Candace Winslow. & Rev. Elizabeth Moselev

\$35 per couple, Register by Thursday, October 2 Laura Beagles, 214.523.2231, beaglesL@hpumc.org

MORE INFORMATION

For information & to register, please visit: hpumc.org



SUPPORT GROUPS

AA / Firemakers

Beginning September 8, this is a weekly meeting for women seeking sobriety and recovery from alcohol addiction.

Mondays 6:00 - 7:00 PM, Room 218

Stephenie P., stephenie.p@aol.com

AA / Upper Room

This is a weekly meeting of those seeking sobriety and recovery from alcohol addiction.

Mondays 7:30 - 8:30 pm, Room 384

Cheryl Vandiver, 214.523.2209 or vandiverc@hpumc.org

***** Foundations AA meeting

This is an open AA meeting for women wanting to recover from alcoholism. It is a step-study meeting based on the big book of Alcoholics Anonymous.

Begins Wednesday, September 24 Noon - 1:00 pm, Room 218

Lisa Kroencke, Ikroencke@mac.com

AA / AI-Anon Women's Group

This weekly support group promotes a safe place for women to get and stay healthy through working the Twelve Steps of recovery in AA/AI-Anon.

Wednesdays 6:00 - 7:00 pm, Room 252

Nancy, 214.695.9591, nzogg@yahoo.com Cynthia, 214.802.1233, cstone@cebridge.net

AA / Sober Mustangs

This young adult's group is an open weekly meeting for those seeking information, sobriety and recovery from addiction.

Thursdays 6:00 - 7:00 pm, Room 385

Cheryl Vandiver, 2314.523.2209, vandiverc@hpumc.org

Families Anonymous: Solutions Group

This open Twelve Step group provides weekly support meetings for family members or friends who are dealing with a loved one who has an addiction or related issue. The meetings provide understanding and a new source of hope.

Mondays

7:00 - 8:00 pm, Room 244

Cathy, cathie252@hotmail.com

Families Anonymous Step Study Group 1 and Group 2

A closed meeting for those who have signed up for an indepth study of the 12 steps of recovery. Please join us at FA: Solutions Group on Monday nights prior to attending Step Study Groups. Groups are gender specific.

Sundays 4:00 - 5:00 pm, Rooms 210 & 214

Cathy, cathie252@hotmail.com

Healing Estranged Relationships (H.E.R.)

This group supports women who find themselves estranged from an adult child. Learn to understand some of the ways to manage the hurt and to grow in acceptance and love.

2nd Monday of each month 6:30 - 7:30 pm, Room 120 Led by Dr. Jane Toler

Rev. Barbara Marcum, 214.523.2248, marcumb@hpumc.org

Care for the Caregiver

Support for those caring for loved ones or elders.

4th Monday of each month 6:00 - 7:30 pm, Room 388 Led by Dr. Jane Toler

Rev. Barbara Marcum, 214.523.2248, marcumb@hpumc.org

Cancer Survivors

This is a warm and friendly group for both cancer survivors and/or family members. We meet at the Celebration Restaurant (4503 W Lovers Lane) at 11:30 am. Each participant pays for his/her lunch.

1st Tuesday of each month 11:30 am, Celebration Restaurant (4503 Lovers Ln.)

Rev. Barbara Marcum, 214.523.2248, marcumb@hpumc.org

Grief Support

This ongoing grief support group is for those who have lost a loved one to death.

1st & 3rd Tuesday of each month 6:30 - 8:30 pm, Room 256

Rev. Dawn Anderson, 214.418.2728, andersond@hpumc.org

Christian Survivors of Suicide (CSOS)

This ongoing grief support group is for those who have lost a loved one to suicide.

2nd & 4th Tuesday of each month 6:30 - 8:30 pm, Room 256 Facilitated by Rev. Dawn Anderson

Rev. Dawn Anderson, 214.418.2728, andersond@hpumc.org



DivorceCare

If you are struggling with the challenges and pain of separation or divorce, our video-based support group can help. We meet year-round, twice a month, and you may start attending at any time.

2nd & 4th Thursdays of each month 6:30 - 8:30 pm, Room 256 Facilitated by Rev. Dawn Anderson

\$20 (workbook) Rev. Dawn Anderson, andersond@hpumc.org, 214.418.2728

An Invisible Sisterhood

In a world where it seems everyone is posting pictures of their children to Facebook or swapping stories about the joys of motherhood - those of us who are unable to conceive often feel invisible. The goal of this class is to help us give voice to the unique experience that we share while embracing God's love and plan for us as his beloved daughters.

18

Tuesdays, September 30 - October 21 6:30 - 8:00 pm, Room 218 Led by Dr. Maria Dixon Hall

\$30 (text), Register by Thursday, September 25 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

MORE INFORMATION

For information & to register, please visit: **hpumc.org**

FINANCIAL GUIDANCE __ ARTS & RECREATION __

***** FINANCIAL PEACE UNIVERSITY

We all need a plan for our money. Financial Peace University (FPU) by Dave Ramsey, financial guru, is that plan! It teaches God's ways of handling money. Through video teaching, class discussions and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage money, spend and save wisely, and more!

Tuesday, August 19 - October 14 6:30 - 8:00 pm, Room 386 Led by Carey Carter & Rev. Barbara Marcum

\$100 (couple or single), Register by Friday, August 15 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

Mondays, September 8 - November 3 6:30 - 8:00 pm, Room 386 Led by Allison Venuto, Jackie, & Patrick Van Ooteghem

\$100 (couple or single), Register by Friday, September 5 Laura Beagles, 214.523.2231, beaglesl@hpumc.org

Dance Classes

Note: no longer Singles-specific

"Let them praise his name with dancing and make music to him with tambourine and harp." ~ Psalm 149:3. Looking for a fun and easy way to step into HPUMC? Come dance with us! Our church has a fun and longstanding relationship with Dallas dance instructor, Elaine Hewlett. Elaine has been teaching dance classes at HPUMC for ten years. Every week HPUMC Adults get together to learn new dances, make friends, and have fun together. Drop-ins are welcome. Pay at the door. No experience necessary! Information to church programming is available at dance classes.

September 9 - 30: Rhumba and West Coast Swing October 21 - November 11: Party Dances (a fun mix of Ballroom, Swing and Latin) Dec. 9: Christmas Party 8:00 - 9:30 pm, Room 391

\$25 for each 4-week session or \$10 per class Erin Williams, 214.523.2242, williamse@hpumc.org

Painting: Oil Painting, Pastels & Acrylics

We offer instructional painting classes for oil, pastels and acrylics that are for beginner to advanced students. **Supplies are only provided for oil painting.** Supply list for students using:

Pastels: Paper: Canson or Strathmore Pastel pad in assorted colors (14x18, 12x16); Pastels: 3 kinds, hard (Nupastel), semi-hard (Rembrandt) and soft (Sennelier, Schmenke or Unison); pastel pencils.

Acrylics: Liquitex and Basics Starter sets are good paint brands. Brushes: synthetics for both acrylic and oil (an assortment of 4, 6, 8); Bottle of Liquitex medium/varnish; Regular canvases will be fine for acrylic, and depending on the result you desire, watercolor paper will also work.

Oil Painting:

Mondays, September 8-November 24 6:00 - 9:00 pm, Room 211

Oil Painting, Pastels & Acrylics:

(Please bring your own supplies for Pastels & Acrylics) Wednesdays, September 3-November 19 (except October 1) 9:30 am - 12:30 pm, Room 211

Oil Painting & Pastels:

Thursdays, October 9 - November 20 (except during September) 6:30 - 9:00 pm, Room 211

Four-week class: \$100, supplies are provided \$90, student brings own supplies

Three-week class: \$75, supplies are provided \$67.50, student brings own supplies

Laura Beagles, 214.523.2231, beaglesL@hpumc.org

The Sacred Art of Iconography

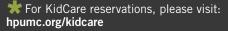
Learn more about prayer and the life of the Saints in the Church through the ancient art of painting icons. This class is open to anyone, regardless of skill or experience with painting. All that is needed is the willingness to learn and a desire to know God more intimately. You will learn the history of icons and the language of iconography as represented by the symbols and colors.

Fridays, September 26 - December 19 10:00 am - 5:00 pm, Room 244 Led by Jane Ladik

New Students/\$145, a one time fee for materials due by Wednesday, September 17 (payable online or by check). Instructional charge (each Friday): 10:00 am-2:00pm/\$25, 10:00 am-5:00 pm/\$35. Payable to Jane Ladik. Laura Beagles, 214.523.2231, beaglesl@hpumc.org

MORE INFORMATION

For information & to register, please visit: **hpumc.org**





SPORTS & FITNESS

Biggers Sports & Fitness

Biggers is located across the street from HPUMC at 5817 Hillcrest Ave. We offer classes for both kids and adults, a fitness area with aerobic and strength training machines, a full-size gymnasium, an indoor play yard, and free wifi.

Memberships to Biggers are just \$10/month for HPUMC members and \$25/month for non-members. This includes the cost of all adult fitness classes!

To register for a membership and receive a building access card, please visit hpumc.org/biggers.

Biggers is available to rent for birthday parties on Saturdays (8:00 am–4:00 pm) and Sundays (1:00 pm– 3:00 pm). Guests have access to basketballs, dodgeballs, scooters and roller skates. Bounce houses are permitted, but must be rented from an outside vendor. The cost is \$75/hour for HPUMC members and \$100/hour for nonmembers. A two-hour minimum is required. Please email Susanne Lankford at lankfords@hpumc.org for availability.

Biggers Hours of Operation & Location:

Monday - Thursday, 6:00 am - 8:30 pm Friday, 6:00 am - 1:30 pm Saturday, closed for private rentals Sunday, 3:30 pm-8:30 pm

5817 Hillcrest Ave. Dallas, Texas 75205

Susanne Lankford, lankfords@hpumc.org

Boot Camp

Come join this motivational class designed to increase cardiovascular health, muscular strength, and energy while improving personal appearance and body shape.

Tuesdays & Thursdays

6:00 - 6:50 am

Tiffany Braden, 214.282.9792, www.trainingbytiff.com

Dance Aerobics

All fitness levels are welcome! Dance Aerobics combines exercise and easy to follow dance movements to fun music. Burn calories while increasing your strength and flexibility.

Mondays, Tuesdays, Thursdays & Fridays: 9:00 - 10:00 am, Biggers Gym

Tuesday & Thursday 5:30 - 6:30 pm, Biggers Aerobics Room

Susanne Lankford, lankfords@hpumc.org

Pilates

This small group class focuses on positioning and gravity to work the muscles.

Wednesdays 9:00 - 10:00 am, Biggers Aerobic Room

Tiffany Braden, 214.282.9792, www.trainingbytiff.com

Senior Strong

Utilizing resistance bands, light hand weights, balls and chairs, this program focuses on building stronger muscles, increasing balance and improving flexibility while standing or seated.

Tuesdays 10:30 - 11:15 am, Biggers Aerobic Room

Debbie Boone, taichitrainer@yahoo.com

Tai Chi

Tai Chi Qi Gong Wellness is an ancient Chinese exercise and healing art consisting of deep stretching from head to toe with slow and relaxed movements for total self-development. Wear comfortable shirt and long pants.

Thursdays

11:00 am - Noon, Biggers Aerobic Room

Susanne Lankford, lankfords@hpumc.org

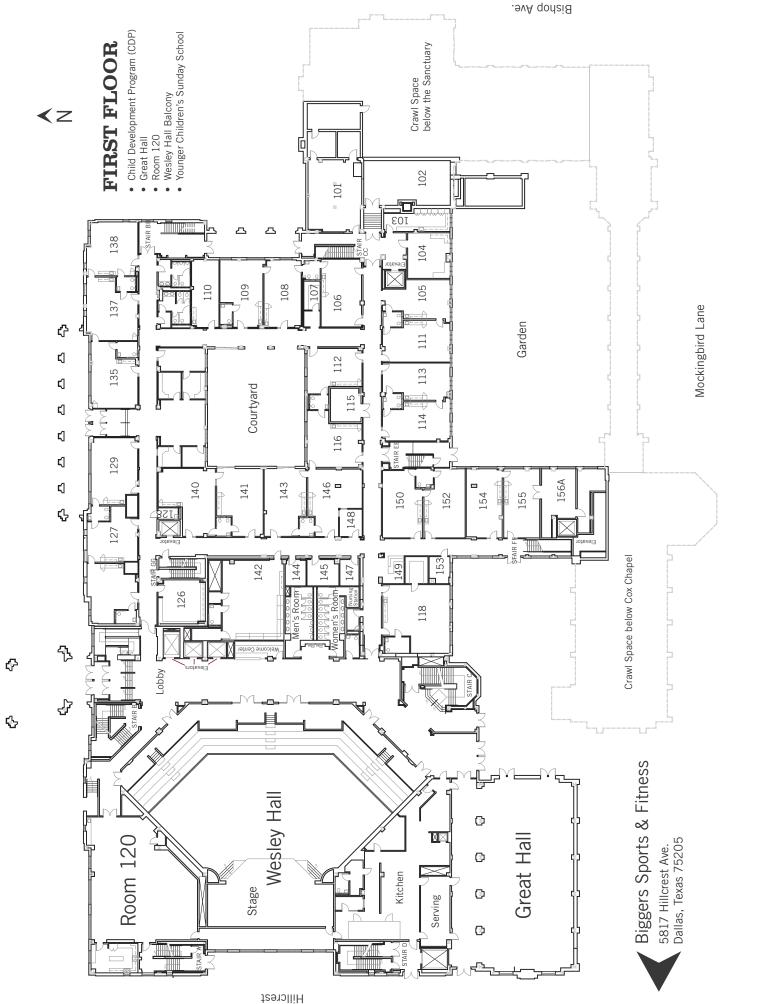
Yoga

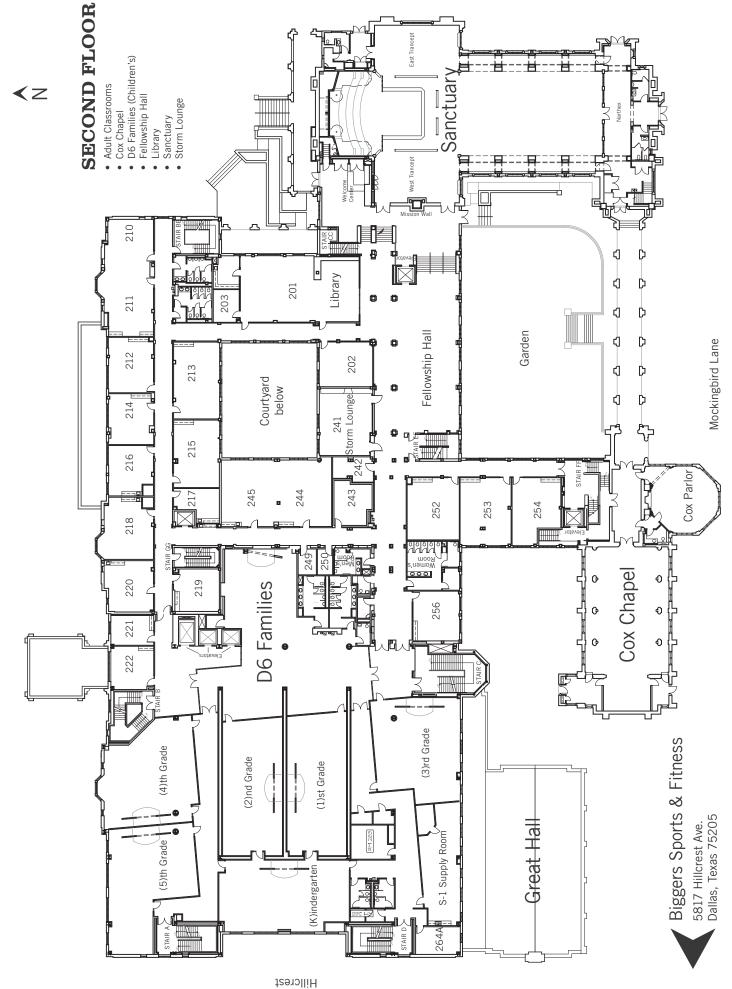
This is a lighter version of your average yoga class. Students combine classic yoga poses with stretching exercises. Breathing and relaxation period offered at the end of class.

Tuesdays Noon - 1:00 pm, Room 329W Susanne Lankford, lankfords@hpumc.org

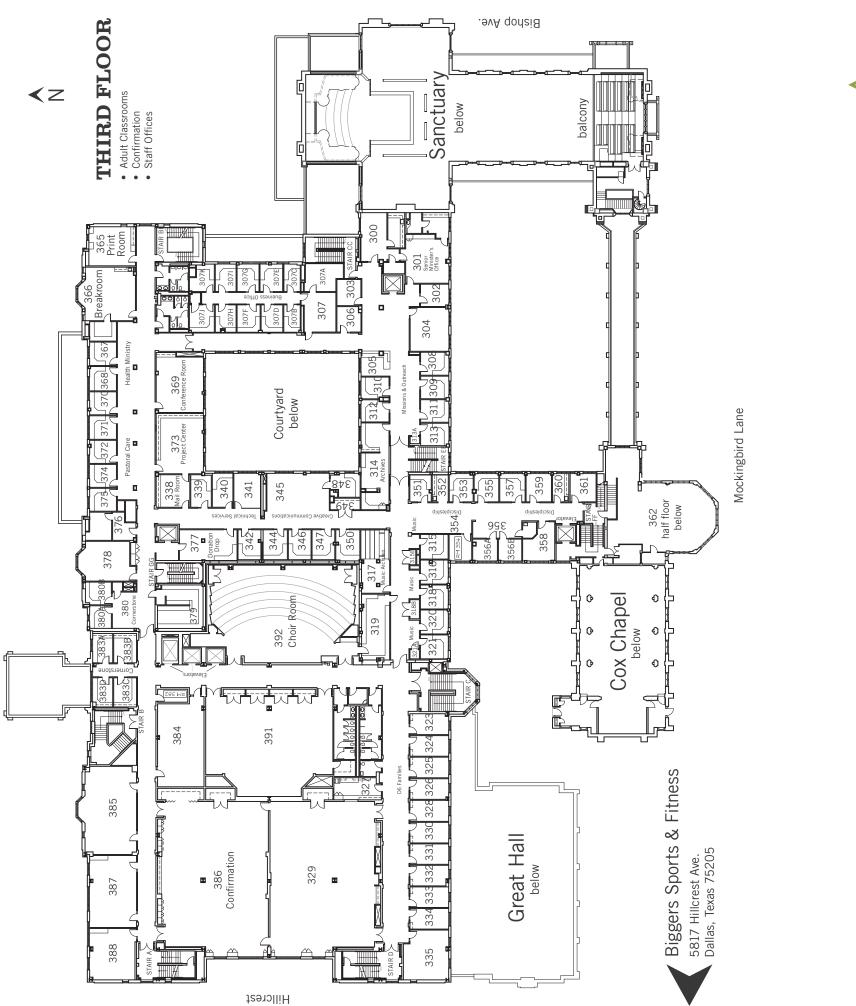
MORE INFORMATION

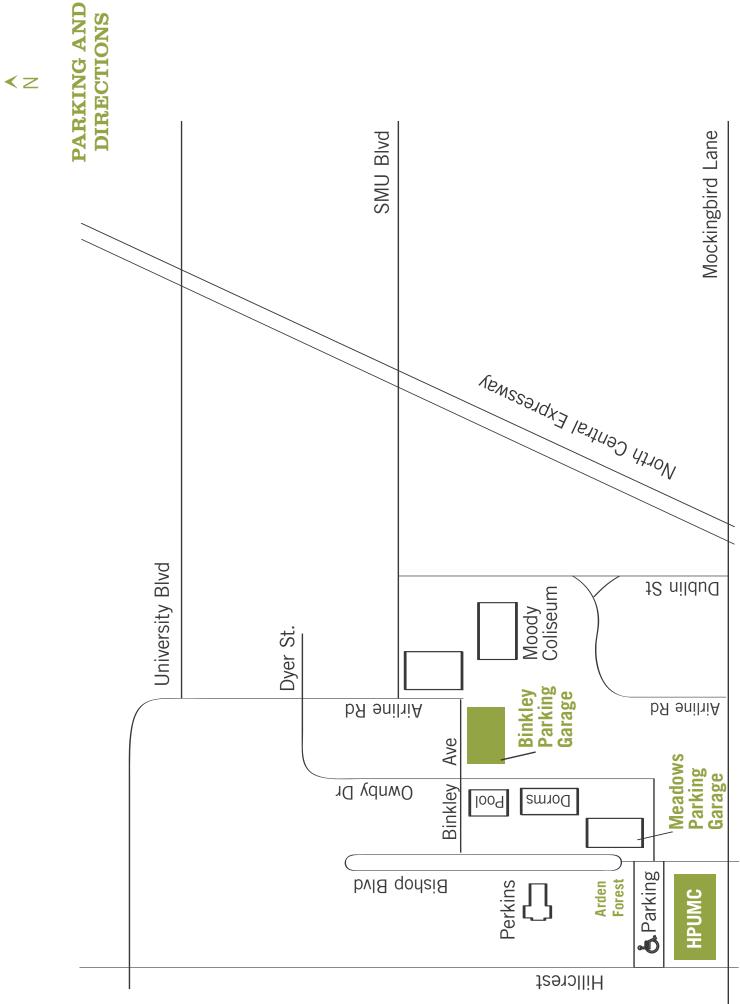
For current pricing for all Biggers Sports & Fitness classes visit: hpumc.org/biggers





G





PARKING

- If you recieve a citation: You may appeal a ticket by going to the website www.smu.edu/parknpony, click on "contact ParknPony," scroll down to "Parking Operations; Citation Appeal," and have the citation number at hand.
- SMU enforces their parking restrictions:
 7:00 am–7:00 pm Monday Thursday, 7:00 am–5:00 pm Friday
- On weekdays, whether parking in the church parking lot or the Meadows Museum Garage, cars need to display one of the following forms of identification: the round HP sticker available at the Wallace Building reception desk and the Business Office or fill out the form on the right of this page.
- Enter the Meadows Parking Garage only by left hand drive.
- All restrictions (handicapped parking, compact cars, fire lanes, reserved spaces, no parking zones) are enforced all the time.
- Biggers parking is reserved for those visiting Biggers.
- Plan to arrive 15 minutes early for your class.

Nan	າe:
	is attending Class at in church parking lot the lower level. Enter This permit must be times. Failure to disp
Clas	S:
Beg	inning Time:
End	ing Time:
Clas	s Starts:
Clas	s Ends:



3300 Mockingbird Lane Dallas, TX 75205 www.hpumc.org 214.521.3111

> HPUMC and is permitted to park t or Meadows Parking Garage on the garage only by left hand drive. displayed on the front dash at all play may result in a citation.