



# HPUMC DAY SCHOOL

## School Menu November 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
	<b>Morning Snack:</b> Homemade Cranberry Bread  <b>Lunch:</b> All Beef Hot Dogs with whole wheat buns Sweet Potato Fries Lima Beans  <b>Afternoon Snack:</b> Sliced Apples Cheddar Cheese Cubes	<b>Morning Snack:</b> Whole Wheat Bagels with Cream Cheese  <b>Lunch:</b> Homemade Tomato Soup With Turkey/Ham Cheese Roll ups  <b>Afternoon Snack:</b> Mandarin Oranges Graham Crackers	<b>Morning Snack:</b> Pigs in a Blanket  <b>Lunch:</b> Whole Wheat Grilled Cheese Sandwiches Vegetable Soup  <b>Afternoon Snack:</b> Yogurt with Granola Seasonal Fruit	<b>Morning Snack:</b> Apple Sauce  <b>Lunch:</b> Lean Ground Beef Tacos w/ Corn Tortillas Cheese/Lettuce Salsa Grapes  <b>Afternoon Snack:</b> Whole Wheat Crackers with Sunbutter	<b>Morning Snack:</b> Fruit Yogurt Parfait  <b>Lunch:</b> Cheese Pizza Tossed salad  <b>Afternoon Snack:</b> Cucumber Slices Homemade Ranch	
8	9	10	11	12	13	14
	<b>Morning Snack:</b> Oatmeal with Honey on the Side Blueberries  <b>Lunch:</b> Baked Chicken Strips Hand Snapped Peas Glazed Carrots Warm Cinnamon Apples  <b>Afternoon Snack:</b> Mandarin Oranges Graham Crackers	<b>Morning Snack:</b> Cheerios with Milk  <b>Lunch:</b> Sloppy Joes with Bun Potato Wedges Broccoli  <b>Afternoon Snack:</b> Cheese Cubes Sliced Grapes	<b>Morning Snack:</b> Cantaloupe Animal Crackers  <b>Lunch:</b> Whole Wheat Penne Pasta Italian Meat Sauce Tossed Salad with Ranch Dressing  <b>Afternoon Snack:</b> Multi Grain Crackers & Mozzarella Sticks	<b>Morning Snack:</b> Buttermilk Biscuits w/ Thinly Sliced Honey ham  <b>Lunch:</b> Julienne Chicken Quesadillas with Cheese/Lettuce Spanish Rice Peas and Carrots  <b>Afternoon Snack:</b> Seasonal Fruit Animal Crackers	<b>Morning Snack:</b> Blueberry Mini Muffins  <b>Lunch:</b> Chicken Pot Pie Stew over Biscuits Italian Green Beans  <b>Afternoon Snack:</b> Goldfish Raisins	
15	16	17	18	19	20	21
	<b>Morning Snack:</b> Cinnamon Toast Applesauce  <b>Lunch:</b> Cheese Pizza Tossed Salad Sliced pears  <b>Afternoon Snack:</b> Homemade Oatmeal Raisin Cookies	<b>Morning Snack:</b> Homemade Pumpkin Muffins  <b>Lunch:</b> Julienne Chicken Quesadillas with Cheese/Lettuce Spanish Rice Peas and Carrots  <b>Afternoon Snack:</b> Seasonal Fruit	<b>Morning Snack:</b> Whole Wheat Crackers Mozzarella Sticks  <b>Lunch:</b> Grilled Sirloin Sliders Lettuce/ Tomatoes Oven Baked New Potatoes Broccoli  <b>Afternoon Snack:</b> Fruit Smoothies	<b>Morning Snack:</b> Cheerios with Milk  <b>Lunch:</b> Breaded Chicken Strips with Mashed Potatoes Fresh Steamed Peas and Carrots  <b>Afternoon Snack:</b> Cheddar Cheese Cubes Pretzel Sticks	<b>Morning Snack:</b> Buttermilk Pancakes with Blueberry Compote  <b>Lunch:</b> Teriyaki Chicken Broccoli Rice Pineapple slices  <b>Afternoon Snack:</b> Cheddar Cheese Cubes Pretzel Sticks	
22	23	24	25	26	27	28
	<b>Morning Snack:</b> Homemade Pumpkin Muffins  <b>Lunch:</b> Homemade Chicken Noodle Soup Tossed Salad with Homemade Ranch Dressing Whole Wheat Rolls  <b>Afternoon Snack:</b> Applesauce	<b>Morning Snack:</b> Graham Crackers Orange Slices  <b>Lunch:</b> Homemade Mac 'n Cheese Fresh Steamed Green Beans  <b>Afternoon Snack:</b> Seasonal Fruit Yogurt Parfait	<b>Thanksgiving Holiday</b>	<b>Thanksgiving Holiday</b>	<b>Thanksgiving Holiday</b>	
29	30					
	<b>Morning Snack:</b> Oatmeal with Honey on the Side Seasonal Fruit  <b>Lunch:</b> Beef Stew with veggies Cornbread muffins  <b>Afternoon Snack:</b> Toast with Sunbutter & Jelly					

Lunch provided by: Preston Hollow/ Highland Park Catering  
214-739-0350 phcatering.net catering@phcatering.net