



# HPUMC DAY SCHOOL

## School Menu October 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
				<b>Morning Snack:</b> Cinnamon Toast Applesauce <b>Lunch:</b> Homemade Mac 'n Cheese Fresh Steamed Green Beans <b>Afternoon Snack:</b> Carrot Sticks Homemade Ranch	<b>Morning Snack:</b> Homemade Pumpkin Muffins <b>Lunch:</b> Julienne Chicken Quesadillas with Cheese/Lettuce Spanish Rice Peas and Carrots <b>Afternoon Snack:</b> Watermelon Slices Snickerdoodles	
4	5	6	7	8	9	10
	<b>Morning Snack:</b> Oatmeal with Honey on the Side Fresh Blueberries <b>Lunch:</b> Orange Chicken Strips Basmati Rice Lima Beans <b>Afternoon Snack:</b> Mandarin Oranges Graham Crackers	<b>Morning Snack:</b> Cheerios with Milk <b>Lunch:</b> Sloppy Joes with Bun Potato Wedges Broccoli <b>Afternoon Snack:</b> Cheese Cubes Sliced Grapes	<b>Morning Snack:</b> Cantaloupe Animal Crackers <b>Lunch:</b> Whole Wheat Penne Pasta Italian Meat Sauce Caesar Salad With Caesar Dressing <b>Afternoon Snack:</b> Multi Grain Crackers & Mozzarella Sticks	<b>Morning Snack:</b> Pigs in a Blanket <b>Lunch:</b> Whole Wheat Grilled Cheese Sandwiches Vegetable Soup <b>Afternoon Snack:</b> Yogurt with Granola Fresh Strawberries	<b>Morning Snack:</b> Blueberry Mini Muffins <b>Lunch:</b> Chicken Pot Pie Stew Over Biscuits Italian Green Beans <b>Afternoon Snack:</b> Apple Slices Homemade Snickerdoodles	
11	12	13	14	15	16	17
	<b>Morning Snack:</b> Whole Wheat Bagels with Cream Cheese <b>Lunch:</b> Homemade Tomato Soup With Turkey/Ham Cheese Roll ups <b>Afternoon Snack:</b> Mandarin Oranges Graham Crackers	<b>Morning Snack:</b> Cinnamon Toast Apple Sauce <b>Lunch:</b> Cheese Pizza Tossed salad <b>Afternoon Snack:</b> Homemade Oatmeal Raisin Cookies	<b>Morning Snack:</b> Whole Wheat Crackers Mozzarella Sticks <b>Lunch:</b> Grilled Sirloin Sliders Lettuce/ Tomatoes Oven Baked New Potatoes Broccoli <b>Afternoon Snack:</b> Fruit Smoothies	<b>Morning Snack:</b> Homemade Blueberry Muffins <b>Lunch:</b> Breaded Chicken Strips with Mashed Potatoes Fresh Steamed Peas and Carrots <b>Afternoon Snack:</b> Cheddar Cheese Cubes Sliced Grapes	<b>Morning Snack:</b> Fruit Yogurt Parfait <b>Lunch:</b> Lean Ground Beef Tacos w/ Corn Tortillas Cheese/Lettuce Salsa Half a Banana <b>Afternoon Snack:</b> Crackers with Sunbutter	
18	19	20	21	22	23	24
	<b>Morning Snack</b> Buttermilk Waffles with Sunbutter and Strawberries <b>Lunch:</b> Homemade Mac'n Cheese with Green Beans <b>Afternoon Snack:</b> Graham Crackers Sliced Grapes	<b>Morning Snack:</b> Homemade Cranberry Bread <b>Lunch:</b> All Beef Hot Dogs With whole wheat buns Sweet Potato Fries Lima Beans <b>Afternoon Snack:</b> Sliced Apples Cheddar Cheese Cubes	<b>Morning Snack:</b> Buttermilk Biscuits w/ Thinly Sliced Honey ham <b>Lunch:</b> Julienne Chicken Quesadillas with Cheese/Lettuce Spanish Rice Peas and Carrots <b>Afternoon Snack:</b> Strawberries Animal Crackers	<b>Morning Snack:</b> Cheerios with Milk <b>Lunch:</b> Whole Wheat Penne Pasta Italian Meat Sauce Tossed Salad Garlic Bread <b>Afternoon Snack:</b> Fruit Smoothies	<b>Morning Snack:</b> Homemade Pumpkin Muffins <b>Lunch:</b> Roasted Chicken Hand Snapped Peas Glazed Carrots Warm Cinnamon Apples <b>Afternoon Snack:</b> Homemade Oatmeal Raisin Cookies	
25	26	27	28	29	30	31
	<b>Morning Snack:</b> Oatmeal with Honey on the Side Fresh Strawberries <b>Lunch:</b> Steak Fingers Ketchup Tater Tots Glazed Carrots <b>Afternoon Snack:</b> Half a Banana Graham Crackers	<b>Morning Snack</b> Buttermilk Pancakes with Blueberry Compote <b>Lunch:</b> Teriyaki Chicken Broccoli Rice Pineapple slices <b>Afternoon Snack:</b> Cheddar Cheese Cubes Pretzel Sticks	<b>Morning Snack:</b> Orange Slices Graham Crackers <b>Lunch:</b> Honey Ham and Mozzarella Melts Garden Salad <b>Afternoon Snack:</b> Fresh Fruit Yogurt Parfait	<b>Morning Snack:</b> Cheerios with Milk <b>Lunch:</b> Grilled Sirloin Sliders Lettuce/Tomatoes Oven Baked New Potatoes Broccoli <b>Afternoon Snack:</b> Strawberries Animal Crackers	<b>Morning Snack:</b> Cinnamon Toast Applesauce <b>Lunch:</b> Cheese Pizza Tossed Salad Sliced pears <b>Afternoon Snack:</b> Homemade Oatmeal Raisin Cookies	

Lunch provided by: Preston Hollow/ Highland Park Catering  
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