

Dear friends,

Encore is HPUMC's ministry for older adults and its mission is to help enrich the mind and spirit while in supportive community. We gather together in ongoing large and small numbers to connect to God and to each other. Hope you'll join us for a few of our fun and thought-provoking programs we are offering at Highland Park United Methodist Church. I look forward to knowing you.



Grace and peace, Lauri Warner Highland Park United Methodist Church 214.523.2246 warnerlauri@hpumc.org

One Big Class



Sunday, March 3rd | Great Hall | 9:30 AM

Join us for our One Big Class featuring Rev. Phil Dieke. Phil will help us to prepare for Lent; the forty days before Easter when we are encouraged as followers of Christ to spend time in self-examination and reflection. We are delighted to have one of our own guide us into this meaningful Holy season of Lent. All are welcome!

Monday Friends

1st Monday of Each Month | Room 120 | 12:00 - 2:30 PM



This community event, designed for those ages 70+, offers a light lunch, fellowship and movie entertainment. The lunch is free but reservations are appreciated by calling Susan Rogers at 214-523-2266 or emailing rogerss@hpumc.org.

March 4: First Man

A look at the life of the astronaut, Neil Armstrong, and the legendary space mission that led him to become the first man to walk on the Moon on July 20, 1969.

April 1: Risen

In 33 AD, a Roman Tribune in Judea is tasked to find the missing body of Jesus Christ who rose from the dead.

Ash Wednesday Services

Wednesday, March 6 | Sanctuary | 12 noon & 7 PM



Ash Wednesday marks the beginning of the season of Lent. Lent is a time when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline. Ash Wednesday emphasizes two themes: our sinfulness before God and our human mortality. The service focuses on both themes, helping us to realize that both have triumphed through the death and resurrection of Jesus Christ.

Midweek Lenten Communion Service

Wednesdays, March 13 – April 17 | Cox Chapel | 12:05 PM – 12:35 PM



This Lent, consider "picking up" a practice that will draw you closer to Jesus. Every Wednesday during Lent, come give thanks to God and partake in Holy Communion. Services will last no longer than a half hour, so there's still time to grab lunch. Midweek services will conclude with a Stations of The Cross service on April 17 at noon.



In recognition of the 75th anniversary of D-Day and the Battle of Normandy, Encore's 1st Thursday Lunch and Program will host a series of WWII inspired programs.

> Thursday, March 7th – Churchill: Struggle for Survival Thursday, April 4th – Nuremburg: Its Lessons for Today Thursday, June 6th – Ike: Countdown to D-Day

1st Thursday Lunch and Program Stephen Jenkins presents Churchill: Struggle for Survival



March 7th | Room 329 | 11:30 AM

Steven Jenkins, a popular lecturer in England and the United States, offers an intimate portrait of the health and political struggles that Churchill faced during the critical years of World War Two and the Cold War as seen through the eyes of Churchill's personal physician Lord Moran. Connect with friends, have a great meal, and learn something new! RSVP for the optional \$10 lunch at <u>warnerlauri@hpumc.org</u> or <u>214.523.2246</u>.

Encore hosts Game Day!



Thursday, March 14 | Room 391 | 11:30 AM – 1:30 PM

Bring your lunch and your competitive streak to Game Day. Rummykub and Mexican Train are two of the games we'll have ready to go. Bring your lunch and a few friends for a fun afternoon of laughs and spirited play. Don't know the games? No worries, we'll teach you. RSVP to Lauri at <u>warnerlauri@hpumc.org</u>. Mark your calendars for more Games Days on April 11 and May 9.

> Holy Land Trip January 13th - 23rd, 2020



Join Walt Marcum, Richard Stanford and Educational Opportunities Tours on a pilgrimage through Israel visiting the prominent places of Jesus' life. For over 40 years, Educational Opportunities Tours has led over 400,000 Christians to the land of the Bible. Individual lives, churches and ministries have been changed through the unique experience of walking in the land of Jesus and the Bible. Travelers explore Biblical sites - the Sea of Galilee, Jerusalem, Bethlehem, Jericho, Nazareth, Capernaum and more - and also experience contemporary life in this important center of faith.

> *Trip Information Meetings* Sunday, March 10, 2019, Room 120, 12:15 PM Monday, March 11, 2019, Great Hall, 7:00 PM

> > <u>Trip Brochure</u> with itinerary and pricing

Called: Hearing and Responding to God's Voice



Tuesday, March 19th | Wesley Hall | 7 – 8 PM

Join us for an inspired evening with Rev. Susan Robb, HPUMC Senior Associate Minister, as she speaks about her newly published book, *Called: Hearing and Responding to God's Voice*. Books, study guides and dvd's will be available on-site for purchase and a book signing will follow the presentation. Learn more about *Called* along with a video sample <u>here</u>. No RSVPs are necessary for this free event.



Click here for course descriptions and registration information.

Encore Fieldtrip: 18th Annual Turtle Creek Home Tour

Sunday, April 7th | 12:15 – 4:30 PM



Join the Encore crew for a parade of homes! The Turtle Creek Tour of Homes showcases the finest residential designs along Turtle Creek. Attendees will have the rare opportunity to walk through an assortment of luxurious dwellings customized by notable Dallas designers. We'll have a boxed lunch before we board our motor coach. Normally it is \$90 for tour, motor coach and lunch but we've been given an underwriting gift that helps to reduce the price to \$40/ticket! Space is limited to 20 guests so reserve your spot today with Lauri Warner at warnerlauri@hpumc.org.

Ongoing Communities

Sunday Morning Classes



Joining a group that meets regularly for fellowship, spiritual growth and service is one of the best ways to make this large church seems like a small church home. Will you start the year off right with connecting with a class family? Click to see all the <u>Sunday</u> <u>morning classes</u> we offer or contact Lauri Warner at 214.523.2246 to help you find the perfect class.

Wellness Classes for All Ages

Pilates | Yogo | Aerobic Dance | Tai Chi



At HPUMC, we believe we were created and called to worship God with our whole selves, including our physical bodies. Each body is a sacred and unique gift from God. HPUMC offers a variety of group fitness classes aimed at helping you love and care for your physical body. We currently offer at the church, Aerobic Dance, Holy Yoga, Pilates, and Tai Chi designed for all ages! For more information please contact Susanne Lankford at 214.523.2274 or click <u>here</u> to go online.