



As 2019 comes to a close and we welcome 2020, you might be considering the thought of transformation. How can I better engage, grow, or serve in 2020? You'll find in this issue of the Encore newsletter ways to add enrichment to your life. Maybe it's joining a Sunday morning class, maybe it's picking up a Pickleball racquet, maybe it's trekking to Canada or simply reconnecting with friends. Take time this January to determine how you might grow closer to God through community. We look forward to seeing you soon!



Grace and peace,
Lauri Warner
Director of Older Adult Ministries
Highland Park United Methodist Church
214.523.2246
warnerlauri@hpumc.org



Rev. Walt Marcum
Associate Minister
Highland Park United Methodist Church
214.523.2235
marcumw@hpumc.org



GroupLife: inspiring life transformation through community

We are designed to be in relationship, in community, with one another to encourage growth, unity, and to reflect Christ's nature to the world. At HPUMC, we call these Christian communities GroupLife. Consider visiting one of our GroupLife communities in the new year.



Fitness Classes and Pickleball

We believe we were created and called to worship God with our whole selves, including our physical bodies. Each body is a sacred and unique gift from God. We should love our bodies and treat them well. At the new Tolleson Family Activity Center, HPUMC offers a variety of group fitness classes and Pickleball designed for the older adult. <http://www.hpumc.org/wellness/>

Open Pickleball Play

New to Pickleball? No problem. There are players and pros ready to teach you the basics of the game. Just wear tennis shoes and we'll provide the equipment and help get you started.

Monday & Wednesdays
1:00 - 3:00 PM
3rd Floor Gymnasium
Tolleson Family Activity Center

Fitness Classes

Attending a group fitness class is a great way to stay motivated and build community! Click [here](#) for the weekly schedule for our current classes;

Aerobic Dance
Pilates
Stretch
Yoga
Tai Chi



Encore's Movie Series^[L]_[SEP]

4 Thursdays in January | Room 120 | 11:30 AM – 1:30 PM

Join us at the movies! Every Thursday in January beginning January 9th, we'll offer a light lunch, a movie curated by our own Jim Walters and an opportunity for discussion. This is an enjoyable time to visit with friends and maybe see a movie you missed in the theater. To order a \$10 lunch, please contact^[L]_[SEP] Lauri Warner at warnerlauri@hpumc.org or call 214.523.2246.

January 9^[L]_[SEP] THE AWFUL TRUTH

This screwball comedy starring Cary Grant and Irene Dunne is filled with merry mix-ups and romantic misadventures that lead previously happy couple Jerry and Lucy to divorce. The trouble begins when Jerry supposedly goes to Florida for some rest; actually, he is planning to spend the vacation with his buddies.

January 16 THE LETTER

Based on a novel by W. Somerset Maugham, William Wyler's drama stars Bette Davis as Leslie Crosbie, the malevolent wife of a Malaysian rubber magnate (Herbert Marshall) who is accused of murdering her lover and attempting to cover up the crime.

January 23 NOTORIOUS

A convicted traitor's daughter becomes a U.S. Government spy and falls in love with^[L]_[SEP] a fellow agent. She then accepts a dangerous assignment that requires her to marry her father's Nazi friend in Rio de Janeiro. Suspense, intrigue, and romance are stylishly mixed in one of Alfred Hitchcock's best films. This 1946 classic stars Cary Grant and Ingrid Bergman.

January 30^[L]_[SEP] TO BE OR NOT TO BE

Ernst Lubitsch's *To Be or Not to Be* is a black comedy about a Polish theater company--led by Joseph and Maria Tura (Jack Benny and Carole Lombard)--that turns to espionage after being shut down by the invading Nazis.

Don't forget to RSVP for lunch with [Lauri](#)



Meals On Wheels

Are you free on MLK Monday, January 20th? Grab a friend and deliver meals for Meals On Wheels! For our city-wide Day of Caring, HPUMC has promised 200 volunteers to deliver meals to our neighbors in need. Will you be one of them? It'll only take a couple of hours but the impact will be huge. Contact Caroline Hazlett at hazlettc@hpumc.org for details.



Western Canada Explorer featuring Vancouver, Victoria and Whistler

August 14 – August 22, 2020

Informational Trip Meeting

Sunday, January 26 | 12:00 pm | Room 120

Drop by after church to meet the Mayflower tour operator and get all your travel questions answered.

Unforgettable experiences await in Canada's Golden Triangle featuring mountain gondolas, a First Nations cultural experience, a regional Foodie Tour, the famed Butchart Gardens, and an incredible grizzly bear watching tour. We have room for 40 travelers on this nine-day Mayflower Tour. A completed reservation form holds your spot. A passport is required.

\$3,965 includes land and air travel, based on double occupancy per person.

\$3,115 includes land only, based on double occupancy per person.

+ \$1,279 for a single room.



Life Resources

Life Resources would like to invite you to class this winter. We are offering a number of Bible studies and devotional classes to help you grow in your faith and connect with community. Start a great habit, join a Bible study!

<http://www.hpumc.org/bible-studies/>